

## The Short Vajradhara Prayer

Great Vajradhara, Telo, Naro, Marpa, Milarepa,  
The Dharma Lord Gampopa, knower of three times Karmapa,  
And lineage holders of the elder four and younger eight –  
The Drikung, Taklung, Tsalpa, glorious Drukpa and the rest –

Protectors of all beings, the unequalled Dakpo Kagyu  
Who have gained mastery of the profound path, mahamudra:  
O Kagyu gurus, heed my prayer; your lineage I uphold,  
Please bless me so I may adopt your ways of liberation.

Just as revulsion's taught to be the legs of meditation,  
This meditator does not cling to any food or wealth  
And severs all the ties that bind me to this present life.  
Please bless me to be unattached to honor or to gain.

Just as devotion's taught to be the head of meditation:  
Continually this meditator supplicates the guru,  
Who opens up the doorway to the trove of pith instructions.  
Please bless me so that uncontrived devotion may well forth.

As non-distraction's taught to be the core of meditation,  
This meditator just remains, not altering at all  
The fresh and pristine essence of whatever thought occurs.  
Please bless me to be free from thinking there's a "meditation."

Just as it's taught, the essence of all thought is dharmakaya,  
Not anything at all and yet arising in all ways,  
Appearing for this meditator as unceasing play.  
Bless me to know samsara and nirvana are not two.

In all my future lives, may I never be apart  
From the authentic gurus and embrace the dharma's glory.  
May I perfect the qualities of all the paths and levels,  
And may I swiftly realize the state of Vajradhara.

*By Jampel Sangpo of Bengar*