The Short Vajradhara Prayer

dor je chang chen te lo na ro dang
Great Vajradhara, Telo, Naro, Marpa, Milarepa,

mar pa mi la chö je gam po pa
The Dharma Lord Gampopa, knower of three times Karmapa,

dü sum she ja kün khyen kar ma pa
And lineage holders of the elder four and younger eight—

che zhi chung gye gyü par dzin nam dang
The Drikung, Taklung, Tsalpa, glorious Drukpa and so forth—
Protec

tors of all beings, the unequalled Dakpo Kagyu

Who have gained mastery of the profound path, mahamudra:

O Kagyu gurus, heed my prayer; your lineage I uphold,

Please bless me so I may adopt your ways of liberation.
Just as revulsion’s taught to be the legs of meditation,

This meditator does not cling to any food or wealth

And severs all the ties that bind me to this present life.

Please bless me to be unattached to honor or to gain.
mō gü gom gyi go wor sung pa zhin
Just as devotion’s taught to be the head of meditation:

men ngak ter go je pe la ma la
Continually this meditator supplicates the guru,

gyūn du söl wa dep pe gom chen la
Who opens up the doorway to the trove of pith instructions.

chö min mö gü kye war jin gyi lop
Please bless me so that uncontrived devotion may well forth.
As non-distraction’s taught to be the core of meditation,

This meditator just remains, not altering at all

The fresh and pristine essence of whatever thought occurs.

Please bless me to be free from thinking there’s a “meditation.”
Just as it’s taught, the essence of all thought is dharmakaya,

Not anything at all and yet arising in all ways,

Appearing for this meditator as unceasing play.

Bless me to know samsara and nirvana are not two.
In all my future lives, may I never be apart from the authentic gurus and embrace the dharma’s glory.

May I perfect the qualities of all the paths and levels,

And may I swiftly realize the state of Vajradhara.

Composed by Jampal Zangpo of Bengar.