The Seven Line Prayer to Padmasambhava

Hum or gyen yül gyi nup jang tsam
Born on the pollen bed of a lotus,

Endowed with the most marvelous attainment,
Renowned as the Lotus-Born,

Surrounded by a retinue of many dakinis,
Following you I practice.

Please come and bless me with your grace.
Buddha of the three times, Guru Rinpoche,
Manifest your power to vanquish evil and dispel all obstacles.
Grant the blessing that outer, inner, and secret obstacles be pacified

Master of all siddhis, abiding in great bliss,
We pray for blessing!
And our wishes spontaneously fulfilled.
The Essence of the Two Accumulations

From the Mind Treasure of Profound Drop Tara,
The Extensive and Concise Rituals Along with the Entrustment

Homage to the spiritual master, exalted Tara.
Tara, whose enlightened intention and activity are outstanding,
Mother of the spiritual guides and their heirs of the three times,
To you I pay homage and will now
Explain your practice according to the Action and Conduct Tantras.
The practices of The Profound Essence [cycle of treasures] constitute condensed forms of extremely profound, essential instructions and therefore do not require many elaborate preparations. Nevertheless, there are two styles of this practice, an extensive, slightly elaborated form, and a brief, daily practice.

First, in front of any representation of the Three Jewels that you have, such as a likeness of Noble Tara in a painting or statue, arrange on a clean, raised platform such items as the two kinds of water and the other traditional offerings; a white, circular torma; purification water; an offering mandala; and grain to throw [as offering, etc]. If possible, do this practice after having washed and while observing pure conduct. Otherwise, perform this practice at a time, such as in the morning, before eating meat or drinking alcohol.

With an attitude of disengagement toward ordinary existence and with the motivation of the mind of awakening, go for refuge and generate the mind of awakening.
Invitation, Refuge and Bodhichitta

Noble Tara actually sits before me in space.

Namo. I and all beings take refuge

Developing the aspiration to reach awakening,

We now engage in the profound path.

Repeat three times.
The Seven Branch Prayer to Tara

Gathering the accumulations:

With complete faith I pay homage
And bodhisattvas who dwell

To noble, exalted Tara and all buddhas
In the ten directions and three times.

je tsün pak ma dröl ma dang
gyel wa se che tam che la

chok chu dü sum zhuk pa yi
kün ne de pe chak gyio
I offer actual and mentally created Food, music, and so forth.

Food, incense, lights, fragrance,

Noble assembly, please accept them.

I confess the ten non-virtues, the five of Immediate consequence, and all misdeeds

Done while overpowered by the afflictions From beginningless time until now.
Nyen tö rang gyel jang chup sem
I rejoice in all merit—

Dü sum ge wa chi sak pe
Pratyekabuddhas, bodhisattvas,

Sem chen nam kyi sam pa dang
Please turn the wheels of Dharma

Che chung tün mong tek pa yi
In accordance with the various minds

So so kye wo la suk pe
The virtues gathered by shravakas,

Sö nam la ni dak yi rang
And ordinary beings over the three times.

Lo yi je drak ji ta war
Of the lesser, greater, and common vehicles

Chö kyi khor lo kor du sól
And capacities of beings.
khor wa ji si ma tong bar
Until samsara is emptied,

duk ngel gya tso jing wa yi
But compassionately look upon beings

dak gi sö nam chi sak pa
May whatever merit I have accumulated

ring por mi tok dro wa yi
Before too long,

Recite to here.

nya ngen mi da tuk je yi
Please do not pass into nirvana,

sem chen nam la zik su söl
Drowning in an ocean of suffering.

tam che jang chup gyur gyur ne
Become a cause for the awakening of all.

dren pe pel du dak gyur chik
May I become a glorious guide for beings.
Consecration of the Offerings

This place is the realm of Lotus Array.

Thus cleanse and purify.

The offerings become inconceiveable,

Divine substances and those born of samadhi.
ཨོོཾ་བཛྲ་ཨཱཿ ཝཱུྂྃ།  ཨོོཾ་བཛྲ་པཱདྱཾ་ཨཱཿ ཝཱུྂྃ           ཨོོཾ་བཛྲ་པུཥེ་ཨཱཿ ཝཱུྂྃ།          ཨོོཾ་བཛྲ་དྷཱུ་པོེ་ཨཱཿ ཝཱུྂྃ།

oṁ vajra arghaṃ āḥ hūṃ     oṁ vajra pādyam āḥ hūṃ      oṁ vajra puṣhpe āḥ hūṃ     oṁ vajra dhūpe āḥ hūṃ

oṁ vajra āloke āḥ hūṃ    oṁ vajra gandhe āḥ hūṃ    oṁ vajra naividya āḥ hūṃ     oṁ vajra śhapda āḥ hūṃ

oṁ vajra spharaṇa khaṃ
Invitation, Offering Seat and Seven Branch Prayer to the Three Jewels

To begin, homage and offerings are made to the Jewels in general:

chok chu dü zhi la ma gyel wa se dang che pa tam che dün gyi nam khar vajra sa ma jah

To the space before me, all gurus, victors and their offspring of the four times and the ten directions—
VAJRA SAMĀ JAḤ

ma lü sem chen kün gyi gön gyur ching
Protectors of all beings without exception,

ngö nam ma lü ji zhin khyen gyur pe
Knowers of all phenomena just as they are,

padma kamalāya stvaṃ
In the worlds of the ten directions, however many there are,

To all of you without exception,

All the lions among humans who appear in the three times,

I sincerely pay homage with body, speech, and mind.
The force of my Prayer for Excellent Conduct

Bowing down with bodies as numerous as the atoms in all the realms,

In a single atom there are buddhas as numerous as all atoms,

Similarly, I imagine the whole dharmadhatu

Brings all you victorious ones directly to mind.

I prostrate to all you victorious ones.

Each residing in the midst of their sons and daughters.

Completely filled with victorious ones.

Similarly, I imagine the whole dharmadhatu

Brings all you victorious ones directly to mind.

I prostrate to all you victorious ones.

Each residing in the midst of their sons and daughters.

Completely filled with victorious ones.
To you with oceans of inexhaustible praise-worthy qualities,
I express the qualities of all the victorious ones

With the finest flowers, the finest garlands,
And praise all the sugatas.

Music, ointments, supreme parasols,
I make offerings to you victorious ones.
With the finest cloths, supreme scents,
All displayed in supreme and magnificent ways,
With vast and unsurpassable offerings,
Through the power of faith in excellent conduct,
And fine powders equal to Mount Meru,
I make offerings to you victorious ones.
I venerate all you victorious ones.
I prostrate and offer to you victorious ones.

With the finest cloths, supreme scents,
All displayed in supreme and magnificent ways,
With vast and unsurpassable offerings,
Through the power of faith in excellent conduct,
Whatever negative actions I have performed

Overpowered by desire, aggression, and stupidity,

I rejoice in everyone’s merit:

The pratyekabuddhas, those in training,

The victorious ones of the ten directions, the bodhisattvas,

Those beyond training, and all beings.
I request the protectors, the lamps of the worlds of the ten directions,

Attained buddhahood beyond attachment,

I supplicate with my palms joined together

To remain for kalpas as numerous as atoms in the realms

Who, passing through the stages of awakening,

To turn the unsurpassable Dharma wheel.

You who intend to demonstrate nirvana

For the welfare and happiness of all beings.
Whatever virtue I have gathered, however slight,
Rejoicing, beseeching, and supplicating,

The body, possessions, and all virtues
That belong to me and to the infinite numbers of sentient beings;

The four continents and supreme central mountain, with the sun and moon;
The inconceivable possessions of gods and humanity:

I dedicate it all to enlightenment.
All these, in majestic billowing clouds of offerings,

I emanate uninterruptedly

As a continual, devoted offering.

May the radiance of wisdom increase.

Like those made by the bodhisattva Samantabhadra,

To the precious Jewels and the Three Roots

When I bring this great cultivation of merit to completion,
Namo. The Buddha, Dharma, Sangha,
Wealth devas, and treasure lords,
That appears in any form whatsoever.

Thus offer the mandala.

Gurus, yidams, dakinis, dharma guardians,
Manifest from the one wisdom’s essence—
Your outstanding compassionate enlightened activity
Makes you the refuge and protector of all beings.

I bow and sincerely take refuge in all of you.

May you always compassionately protect me

Please bless us by calming our sicknesses and troubles,

Epitomes of wisdom and love,

I offer you my life and my possessions.

And the infinite numbers of sentient beings.

By improving our well-being and merit,
And by ensuring that we accomplish every wish, without exception,

This concludes the prayers for the accomplishment of one’s wishes. Now, offerings are made three times to Noble Tara specifically and her praises are recited:

Self and Front Visualizations

I appear vividly as noble, exalted Tara,

Complete in the moment I bring her form to mind.

In my heart, on the flat disc of the moon, stands a green letter TAM,

Which radiates boundless light.
This invites to the sky before me
Surrounded by a vast cloud-ocean of the Jewels.
Noble Tara’s body of wisdom arises unhindered,
Come here, Noble Tara,
The twenty-one manifestations of Noble Tara,
From the sphere of the unborn, the luminous body of ultimate enlightenment,
A magical net that appears to guide others:
In love for me and all beings,
Offerings, Mandala, and Praises

With your miraculous power,
Stay while I present offerings to you.

Om

Material and mentally created offerings
Spread to fill the sphere of enlightenment:

Transcendent Conqueror,
In clouds, like the bodhisattva Samantabhadra’s offerings,
Exalted Tara and your entourage, I present them to you.
Thus, invite them and make general offerings.

Thus, invite them and make general offerings.

Thus, invite them and make general offerings.

Thus, invite them and make general offerings.
Om ah hum kham sum no chu pel jor dang
The wealth and glory of the three realms’ worlds and beings,

Tuk je dak nyi nam la bül
I offer to the embodiment of compassion:

Oṃ sarva tathāgata ratna maṇḍala pūja ho
My life, possessions, and all virtues
Please accept them and bless me!

Having offered the special mandala, recite twice The King of Praises, The Twenty-One Praises Tantra.
Om je tsun ma pak ma drol ma la chak tsel lo
Om—Homage to the venerable Arya Tara.

chak tsel ta re nyur ma pa mo
Homage—Tara, swift heroine.

tu re don kun jin pe drol ma
ture you bestow all welfare.

tu ta re yi jik pa sel ma
TUT TARA you clear all peril.

sva ha yi ge khyö la dü do
svaha to these letters I bow.
Homage—Tara, swift, heroine.

• Born from the blooming lotus visage

Homage—You whose face combines a

Light rays spreading from a thousand

Eyes like lightning, instantaneous.

Of the Threefold World’s Protector.

Hundred autumn moons at fullest,

Gathered stars shine, blazing brightly.

Gang wa gya ni tsek pe zhel ma

Rap tu che we ö rap bar ma

Gathered stars shine, blazing brightly.
chak tsel ser ngo chu ne kye kyi
Homage—Golden, a blue lotus

jin pa tsön drü ka tup zhi wa
Your deeds comprise giving, effort,

chak tsel de zhin shek pe tsuk tor
Homage—Tathāgatas’ ushnisha

ma lü pa röl chin pa top pe
All the victor’s children who have

peme chak ni nam par gyen ma
Grown in water graces your hand.

zö pa sam ten chö yül nyi ma
Discipline, peace, patience, dhyana.

ta ye nam par gyel war chö ma
Agent of unbounded victory.

gyel we se kyi shin tu ten ma
Gained the paramitas serve you.
chak tsel tut ta ra hum yi ge
Homage—Sounds of TUTTĀRA HŪM

dō dang chok dang nam kha gang ma
Fill Desire, •space and• directions.

jik ten dün po zhap kyi nen te
Your feet quash the seven world realms,
lű pa me par guk par nū ma
Mighty •summoner• of all, bar none.

chak tsel gya jin me lha tsang pa
Homage—Shakra, Agni, Brahma,
lung lha na tsok wang chuk chō ma
•Vayu, and• other lords revere you.

jung po ro lang dri za nam dang
You are praised by ghosts, vetalas,
nō jin tsok kyi dün ne tō ma
Gandharvas, and hosts of yakshas.
Homage—With your ṭraṭ and phaṭ you
Right bent, left stretched, your legs trample,

Lotus-faced and fiercely scowling,
Wholly quell all your foes’ sorcery.

Riled, your blazing flames blaze brighter.
You annihilate brave demons.

You slay every adversary.

Homage—TURE, awfully fearsome,

Lotus-faced and fiercely scowling,
You slay every adversary.
Homage—At your heart your fingers
Wheels of all directions grace you

Homage—Wholly joyful splendor,
With your laugh, deep laugh TUTTĀRA,

Grace you with the Three-Jewel’s mudra.
In the chaos of your light rays.
Streams of your crown’s light entwining.
You subdue the worlds and maras.
Homage—You’ve the **power** to summon

From your trembling scowl, the sound หūṃ

Homage—Crescent moon tiara,

All earth guardians and their hosts.

Liberates **from all** destitution.

All your jewelry blaze most brightly.

Amitabha in your tresses.
Homage—You dwell in a blazing
chap tsel kel pa ta me me tar
Right stretched, left bent, you pose joyous
dra yi pung ni nam par jom ma
And destroy the forces of foes.
Homage—With your palms and feet you
chap tsel sa zhi ngö la chak gi
Strike and stomp on the earth’s surface.
Homage—With a scowl and the sound HŪM you
tro nyer chen dze yi ge hum gi
Slay those on the seven levels.
Homage—Blissful, •virtuous,• peaceful—

Complete, bearing svāhā and oṃ,

Homage—•Gladly urging• thorough turning

Torch light shines from hūṃ-awareness

Your domain is peace-nirvana

Conqueror of all great misdeeds.

Shattering your •enemies’• bodies.

And your ten-rune speech arrangement.
chak tsel tu re zhap ni dap pe
Homage—TRUE stamping your feet,

ri rap men dha ra dang bik je
Shaker of three worlds and mountains

chak tsel lha yi tso yi nam pe
Homage—Your form, a divine lake,

ta ra nyi jö pe kyi yi ge
You say TĀRA twice and with PHAT,

hum gi nam pe sa bön nyi ma
Seed herself of HŪṂ’s expression.

jik ten sum nam yo wa nyi ma
Meru, Mandara, and Vindhya.

ri dak tak chen chak na nam ma
Holds the hare-marked one in your hands.

duk nam ma lü pa ni sel ma
You dispel all poisons, bar none.
Homage—Hosts of devas, monarchs,
All your joyful armor’s brilliance
Gods, and kinnaras revere you.

Homage—Your two eyes, the fullest
Does away with strife and bad dreams.
Sun and moon, shine ever brightly
Clearer of severe contagion.

Saying both•—HA RA—and TUTTĀRA,
Homage—Showing threefold suchness,

Ture, most sublime, you vanquish

These are praises of the root mantras

You possess full powers of peace.

Hosts of döns, vetalas and yakshas.

And the twenty-one fold homage.
Offerings, Mandala, and Praises

Om ngö jor yi le jung wa yi
Om Material and mentally created offerings

Chö ying gye par kang je te
Spread to fill the sphere of enlightenment:

Om ārya tāre saparivāra vajra arghaṃ praticcha svāhā
Om ārya tāre saparivāra vajra pādyaṃ praticcha svāhā
Om ārya tāre saparivāra vajra puṣhpe praticcha svāhā

Kün tu zang pö chö trin gyi
In clouds, like the bodhisattva Samantabhadra’s offerings,

Pak ma dröl ma khor che chö
Exalted Tara and your entourage, I present them to you.

Om ārya tāre saparivāra vajra pādyaṃ praticcha svāhā
Om ārya tāre saparivāra vajra dhūpe praticcha svāhā
Om ah hum The wealth and glory of the three realms’ worlds and beings,

I offer to the embodiment of compassion:

My life, possessions, and all virtues
Please accept them and bless me!

oṃ ārya tāre saparivāra vajra āloke praticcha svāhā

oṃ ārya tāre saparivāra vajra naïvidya praticcha svāhā

oṃ ārya tāre saparivāra vajra gandhe praticcha svāhā

oṃ ārya tāre saparivāra vajra śhapda praticcha svāhā

Om ah hum The wealth and glory of the three realms’ worlds and beings,

I offer to the embodiment of compassion:

Please accept them and bless me!

dak lū long chö ge tsok kūn

My life, possessions, and all virtues

zhe ne jin gyi lap tu söl

Please accept them and bless me!
Tara’s right hand, in the gesture of supreme generosity,
She places under her protection those she
guards and me,

While imagining this, recite the praises three times.

After the mandala and offerings as above:

Changes to make the gesture of granting refuge:
Delivering us from danger.
Om—Homage to the venerable Arya Tara.

Homage Tara, swift heroine.

You clear all peril.

You bestow all welfare.

SVAHA to these letters I bow.
Homage—Tara, swift, heroine.

• Born from the blooming lotus visage

Homage—You whose face combines a

Light rays spreading from a thousand

Eyes like lightning, instantaneous.

Of the Threefold World’s Protector.

Hundred autumn moons at fullest,

Gathered stars shine, blazing brightly.

Gompo, your protectors, are your sisters.

Gathered stars shine, blazing brightly.
Homage—Golden, a blue lotus

Your deeds comprise giving, effort,

discipline, peace, patience, dhyana.

Homage—Tathagatas' ushnisha

All the victor's children who have

Grown in water graces your hand.

Discipline, peace, patience, dhyana.

Agent of unbounded victory.

Gained the paramitas serve you.
Homage—Sounds of Tuttāra Hūṃ

Your feet quash the seven world realms,

Fill Desire, space and directions.

Mighty summoner of all, bar none.

You are praised by ghosts, vetalas,

Gandharvas, and hosts of yakshas.
chak tsel tre che ja dang pe kyi
Homage—With your TRAṬ and PHAṬ you

ye kum yön kyang zhap kyi nen te
Right bent, left stretched, your legs trample,

chak tsel tu re jik pa chen mo
Homage—TURE, awfully fearsome,

chu kye zhel ni tro nyer den dze
Lotus-faced and fiercely scowling,
Homage—At your heart your fingers

Wheels of all directions grace you

Homage—Wholly joyful splendor,

With your laugh, deep laugh TUTTĀRA,

Grace you with the Three-Jewel’s mudra.

In the chaos of your light rays.

Streams of your crown’s light entwining.

You subdue the worlds and maras.
chak tsel sa zhi kyong we tsok nam
Homage—You’ve the •power• to summon

Homage—Crescent moon tiara,

From your trembling scowl, the sound hūṃ
Liberates •from all• destitution.

chak tsel da we dum bū ü gyen
Homage—Crescent moon tiara,

All earth guardians and their hosts.

rel pe trö na ö pak me le
Ever you emit light rays from

All your jewelry blaze most brightly.

Ever you emit light rays from

Amitabha in your tresses.
Homage—You dwell in a blazing Apocalyptic ring of fire.

Right stretched, left bent, you pose joyous And destroy the forces of foes.

Homage—With your palms and feet you Strike and stomp on the earth’s surface.

With a scowl and the sound Hūṃ you Slay those on the seven levels.
Homage—Blissful, •virtuous, • peaceful—

Your domain is peace-nirvana

Homage—•Gladly urging• thorough turning

Conqueror of all great misdeeds.

Torch light shines from hūṃ-awareness

And your ten-rune speech arrangement.
Homage—stamping your feet, Seed herself of हुँम’s expression.
Shaker of three worlds and mountains
Meru, Mandara, and Vindhya.
Homage—Your form, a divine lake,
Holds the hare-marked one in your hands.
You say तारा twice and with PHAT,
You dispel all poisons, bar none.
Homage—Hosts of devas, monarchs,
All your joyful armor’s brilliance

Gods, and kinnaras revere you.

Does away with strife and bad dreams.

Homage—Your two eyes, the fullest
Sun and moon, shine ever brightly

Clearer of severe contagion.

Saying both—HA RA—and TUTTĀRA,
chak tsel de nyi sum nam kö pe
Homage—Showing threefold suchness,

dön dang ro lang nö jin tsok nam
Ture, most sublime, you vanquish

tsa we ngak kyi tö pa di dang
These are praises of the root mantras

zhi we tu dang yang dak den ma
You possess full powers of peace.

jom pa tu re rap chok nyi ma
Hosts of döns, vetalas and yakshas.

chak tsel wa ni nyi shu tsa chik
And the twenty-one fold homage.
Om Material and mentally created offerings
Spread to fill the sphere of enlightenment:
In clouds, like the bodhisattva Samantabhadra’s offerings,
Exalted Tara and your entourage, I present them to you.
Om ah hum kham sum no chü pel jor dang
Om ah hum The wealth and glory of the three realms’ worlds and beings,

Tuk je dak nyi nam la bül
I offer to the embodiment of compassion:

Dak lü long chö ge tsok kün
My life, possessions, and all virtues

Zhe ne jin gyi lap tu söl
Please accept them and bless me!
om sarva tathagata ratna mandala puja ho

From Tara’s body, a stream of nectar flows
And those of the beings she guards,
And fills my body
Entering through the crown of our heads.

Having again presented the offerings and mandala as above:

rang dang sung je chi wo ne
And fills my body

In this way, Tara’s every blessing suffuses us. Imagining this, recite Tara’s praises seven times.
Om—Homage to the venerable Arya Tara.

Homage TARE, swift heroine.

TUT TARA you clear all peril.

TURE you bestow all welfare.

SVAHA to these letters I bow.
chak tsel dröl ma nyur ma pa mo
Homage—Tara, swift, heroine.

jik ten sum gön chu kye zhel gyi
•Born from the• blooming lotus visage

chak tsel tön ke da wa kün tu
Homage—You whose face combines a

kar ma tong trak tsok pa nam kyi
Light rays spreading from a thousand

chen ni ke chik lok dang dra ma
Eyes like lightning, instantaneous.

ge sar je wa le ni jung ma
Of the Threefold World’s Protector.

gang wa gya ni tsek pe zhel ma
Hundred autumn moons at fullest,

rap tu che we ō rap bar ma
Gathered stars shine, blazing brightly.
chak tsel ser ngo chu ne kye kyi
Homage—Golden, a blue lotus

jin pa tsön drü ka tup zhi wa
Your deeds comprise giving, effort,

chak tsel de zhin shek pe tsuk tor
Homage—Tathāgatas’ ushnisha

ma lü pa röl chin pa top pe
All the victor’s children who have

peme chak ni nam par gyen ma
Grown in water graces your hand.

zö pa sam ten chö yül nyi ma
Discipline, peace, patience, dhyana.

ta ye nam par gyel war chö ma
Agent of unbounded victory.

gyel we se kyi shin tu ten ma
Gained the paramitas serve you.
chak tsel tut ta ra hum yi ge
Homage—Sounds of TUTTĀRA HŪM

dō dang chok dang nam kha gang ma
Fill Desire, •space and• directions.

jik ten dün po zhap kyi nen te
Your feet quash the seven world realms,
lű pa me par guk par nū ma
Mighty •summoner• of all, bar none.

chak tsel gya jin me lha tsang pa
Homage—Shakra, Agni, Brahma,
lung lha na tsok wang chuk chō ma
•Vayu, and• other lords revere you.

jung po ro lang dri za nam dang
You are praised by ghosts, vetalas,
nö jin tsok kyi dün ne tö ma
Gandharvas, and hosts of yakshas.
chak tsel tre che ja dang pe kyi
Homage—With your TRAT and PHAT you

ye kum yön kyang zhap kyi nen te
Right bent, left stretched, your legs trample,

chak tsel tu re jik pa chen mo
Homage—TURE, awfully fearsome,

chu kye zhel ni tro nyer den dze
Lotus-faced and fiercely scowling,

pa röl trül khor rap tu jom ma
Wholly quell all your foes’ sorcery.

me bar truk pa shin tu bar ma
Riled, your blazing flames blaze brighter.

dü kyi pa wo nam par jom ma
You annihilate brave demons.

dra wo tam che ma lü sö ma
You slay every adversary.
chandle tsen kon chok sum tsön chak gye
Homage—At your heart your fingers

ma lü chok kyi khor lö gyen pe
Wheels of all directions grace you

chandle tsel rap tu ga wa ji pe
Homage—Wholly joyful splendor,

zhe pa rap zhe tut ta ra yi
With your laugh, deep laugh TUTTĀRA,
Homage—You’ve the •power• to summon
From your trembling scowl, the sound hūṃ
Homage—Crescent moon tiara,
All your jewelry blaze most brightly.
Amitabha in your tresses.
Homage—You dwell in a blazing

Right stretched, left bent, you pose joyous

Homage—With your palms and feet you

Strike and stomp on the earth’s surface.

With a scowl and the sound hūṃ you

Slay those on the seven levels.

Apocalyptic ring of fire.

And destroy the forces of foes.

And rip out the heart and spine.
Homage—Blissful, •virtuous, •peaceful—

Your domain is peace-nirvana

Conqueror of all great misdeeds.

Shattering your •enemies’• bodies.

And your ten-rune speech arrangement.
Homage—stamping your feet,

Shaker of three worlds and mountains

Homage—Your form, a divine lake,

Holds the hare-marked one in your hands.

You say TĀRA twice and with PHAT,

You dispel all poisons, bar none.
Homage—Hosts of devas, monarchs,
All your joyful armor’s brilliance

Homage—Your two eyes, the fullest
Sun and moon, shine ever brightly

Saying both—

•HA RA—and TUTTĀRA,
Clearer of severe contagion.

Gods, and kinnaras revere you.
Does away with strife and bad dreams.
chak tsel de nyi sum nam kö pe
Homage—Showing threefold suchness,

dön dang ro lang nö jin tsok nam
Ture, most sublime, you vanquish

tsa we ngak kyi tö pa di dang
These are praises •of the• root mantras

zhi we tu dang yang dak den ma
You possess full powers of peace.

jom pa tu re rap chok nyi ma
Hosts of döns, •vetalas and• yakshas.

chak tsel wa ni nyi shu tsa chik
And the twenty-one fold homage.
The Benefits

Wise persons endowed with true respect to the goddess Tara
And think of her when they rise at midnight and at dawn
Tara will pacify their negative acts
Who recite these praises with lucid faith
Will be granted deliverance from all dangers.
And will vanquish the miserable existences.
Seventy million Victorious Ones will soon
They will attain a greater life after this
Whatever could be fatal, animate or inanimate—
Even if eaten or drunk,

Bestow empowerment to such persons.
And from there, travel to the state of perfect enlightenment.
Very strong poison—
Can be completely dispelled by remembering Tara.
Painful sufferings from demons, epidemics,
For other sentient beings as well.

Those wanting a child will have one;
Those wishing for wealth will obtain it.
Every wish will be granted
And each and every hindrance will be eradicated and overcome.
The Torma Offering

From a letter om within emptiness,
Within it, the three syllables produce the torma,
A supreme, jeweled container appears.
Uncontaminated nectar of wisdom.

-repeat three times-

Repeat three times.

From a letter om within emptiness,
Within it, the three syllables produce the torma,
A supreme, jeweled container appears.
Uncontaminated nectar of wisdom.

-repeat three times-

From a letter om within emptiness,
Within it, the three syllables produce the torma,
A supreme, jeweled container appears.
Uncontaminated nectar of wisdom.

-repeat three times-
om aryatare saparivara i dam balimta kha kha khahi khahi

Repeat three time for the principal ones.

om akāro mukhaṃ sarva dharmāṇāṃ ādya nutpannan tvāt om āḥ hūṃ phaṭ svāhā

Repeat the mantra three times to offer to all the hosts.
Om In your great wisdom, please consider

Accept it with great exaltation

And bestow every form of accomplishment.

This concludes a prayer for accomplishing one’s wishes.
Offerings and Praises

ཨོཾ་ཨཱརྒྷཾ་པྲ་ཏཱིཙྪ་སྭཱ་ཧཱ༔

ཨཾ་ཨཱརྻ་ཏཱ་རིེ་སོ་པོ་རིི་ཝཱ་རི་བཛྲ་ཨཱ་ལོ་ཀོེ་པྲ་ཏཱིཙྪ་སྭཱ་ཧཱ༔

ཨཾ་ཨཱརྻ་ཨཱ་ལོ་ཀོེ་པྲ་ཏཱིཙྪ་སྭཱ་ཧཱ༔

ཨཾ་ཨཱརྻ་ཏཱ་རིེ་སོ་པོ་རིི་ཝཱ་འི་བཛྲ་ཨཱ་ལོ་ཀོེ་པྲ་ཏཱིཙྪ་སྭཱ་ཧཱ༔

ཨཾ་ཨཱརྻ་ཏཱ་རིེ་སོ་པོ་རིི་ཝཱ་རི་བཛྲ་པཱདྱཾ་པྲ་ཏཱིཙྪ་སྭཱ་ཧཱ༔
ཨོཾ༔ སྣང་བ་མཐོའི་ཡསོ་པོདྨའིི་རིིགསོ༔
སོངསོ་རྒྱསོ་ཀུན་གྱིི་ཕྲིིན་ལསོ་རྫོགསོ༔
བསྟེོདེ་པོརི་འིོསོ་ཐོམསོ་ཅདེ་ལ། །
ལུསོ་བཏུདེ་པོ་ཡིསོ་རྣམ་ཀུན་ཏུ༔

om  nang wa ta ye peme rik
Om In the lotus family of enlightenment of the Buddha Infinite Light,

sang gye kün gyi trin le dzok
Epitome of the enlightened activity of all buddhas,

tö par ö pa tam che la
To all those worthy of veneration,

lū tū pa yi nam kün tu
As there are atoms in all realms;

jik ten wang chuk zhel le jung
You appeared [from a tear] on the face of the Lord of the World.

pak ma dröl mar chak tsel tô
Exalted Tara, to you I bow and offer praise.

zhing dül kün kyi drang nye kyi
I bow with bodies in as many forms

chok tu de pe chak tsel tô
In supreme faith, I offer praise.
Supplication for the Fulfillment of Wishes

Noble, exalted Tara and your entourage,
Answer my every prayer with your blessing
Spread and enhance the Buddha’s doctrine!

In your universal compassion, think of me
For its unimpeded accomplishment.
May they who uphold it live long and in harmony!
Calm every harmful obstacle!

Prevent sickness, famine, battles, and disputes!

Enhance the power and dominion of religious rulers!

Protect us from temporary and ultimate dangers,

Increase the enlightened activity of teaching and practice!

Increase glory and wealth accompanied by the teachings!

In our country, from its borders to its center, foster happiness!

Such as the sixteen causes of fear, untimely death,
khor wa ngen song duk ngel sok
Bad dreams, signs, and portents,

ne kap tar tuk jik le kyop
And the suffering of the wheel of life’s miserable existences.

tse sö wang tang nyam tok pel
Improve our well-being, merit, power, influence, meditative experience, and realization!

mi ge tok pa mi jung zhin
May non-virtuous thoughts not arise!

jang chup sem nyi tsöl me kye
May the two forms of the mind of awakening arise effortlessly!

sam dön chö zhin drup par dzö
May I accomplish my wishes in harmony with the teachings!

di ne jang chup nying pö bar
From now until I reach awakening,

bu chik po la ma zhin du
May you never leave me and watch over me with your compassionate gaze,
drel me tuk je chen gyi zik
As a mother toward her only child.

nyi dang yer me dze du söl
May we be indivisibly united.

After having made that special request for one’s wishes, invoke Tara’s mind:

Mantra, Dissolution and Closing Prayers

dün kye ö zhu rang la tim
The front visualization melts into light

yer me nyi du jin lap pe
Is absorbed into me, and I am blessed in becoming

rang nyi pak ma dröl me ku
Indivisible with her.

nang la rang zhin me par gyur
My body becomes Exalted Tara—appearance without intrinsic nature.
ཐཱཾ་ཏཱ་རིེ་ཏུཏྟཱ་རིེ་ཏུ་རིེ་སྭཱ་ཧཱ།
oṃ tāre tuttāre ture svāhā
While reciting the ten-syllable mantra as much as possible, focus your mind on the clear appearance of yourself as the exalted Tara and on vajra pride. Once finished, recite the hundred-syllable mantra.

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ma nye yong su ma tsang dang  
For what I could not find and is thus incomplete;  

dir ni gyi wa gang nong pa  
I regret having done during this practice,  

Thus, confess faults. Reciting, “Om kye kyi sem chen...vajra muh,” the deities invited as guests depart.

lha dang rang sem yer me pa  
The deity and my own mind indivisible  

Thus, sustain the view of the natural state.
Dedication Prayer

By this virtue,

And establish all beings

May I quickly accomplish Exalted Tara

Without exception in that state.

With this and others, recite dedications and aspirations.
Prayer of Auspiciousness

Like a wish-fulfilling jewel or the excellent vase, 
You bestow success without hindrance.

With unfailing compassion, may Noble Tara, 
the Victorious Ones and their spiritual heirs
Bestow the auspicious circumstance of protection.

Recite these auspicious wishes and scatter flowers.
Padmasambhava’s Prayer for the Flourishing of the Doctrine

Namo guru. On the tenth day of the monkey month in the monkey year, Orgyenpa spoke this prayer when opening The Mandala of the Vajra Expanse within the Turquoise Chamber in the middle story of Samye, and the principal disciples—the king and his subjects—made it their regular practice. Future generations should single-mindedly do likewise.

Chok chu dü zhi gyel wa se dang che
Buddhas and bodhisattvas of the ten directions and four times,

Ma lü zhing gi dül nye shek su sol
As numerous as atoms in the universe, I request you to come.

La ma yi dam khan dro chö kyong tsok
Assemblies of gurus, yidams, dakinis, and dharma protectors

Dün gyi nam khar pe de den la zhuk
Please be seated on lotus and moon seats in the sky before me.
I respectfully pay homage with body, speech, and mind.

In the presence of the exalted witnesses, the sugatas,

Regretting all present non-virtues, I openly confess them.

I rejoice in all accumulations of merit and virtue.

I present the outer, inner, secret and suchness offerings.

I feel remorse for all misdeeds done in the past.

And vow to turn away from such actions henceforth.

Assemblies of victors, not passing into nirvana,
de nö sum dang la me chö kho kor
Turn the wheels of the tripitika and the unsurpassable Dharma.

dro nam la me tar pe sar chin shok
May all realize the state of unsurpassable liberation.

dak gi tsam pe mòn lam rap zang di
By formulating these wholly noble aspirations,

pak pa jam pel yang kyi khyen pa tar
Of the victor Samantabhadra, his progeny,
May the precious gurus, the splendor of the teachings,
May they illuminate impartially, like the sun and moon.
May the precious sangha, the foundation of the teachings,
May practitioners of the secret mantra, the heart-essence of the teachings,
Abide far and wide, like the expanse of space.
May they forever endure, like the mighty mountains.
Be harmonious, pure in ethics, and rich in the three trainings.
Maintain their samaya and consummate all aspects of creation and completion.
May rulers who sustain the Dharma, the patrons of the teachings,
May nobles and ministers, the servants of the teachings,
May the lay people of means, the benefactors of the teachings,
May all the vast lands where faith in the teaching pervades
Enjoy an ever extending reign and benefit the doctrine.
Grow keener in intellect and dynamic abilities.
Enjoy abundant prosperity and be spared all harm.
Have happiness, well-being, and be free of all obstacles.
lam la ne pe nel jor dak nyi kyang
May I and all yogis treading the path, never impair

dak la zang ngen le kyi drel gyur gang
May all connected to me through wholesome or harmful actions

dro nam la me tek pe gor zhuk ne
May all beings enter the fold of the unsurpassable vehicle

Strive to recite this aspiration in the six periods of the day. Samaya gya.

Our samaya and may our intentions be fulfilled.

Be temporarily and ultimately cared for by the victors.

And attain the sublime kingdom of Samantabhadra.

An emanation of Prince Murub, the great tertön Chokgyur Dechen Lingpa, extracted this treasure amidst a gathering.
of people at Precious Rock Face Mountain which lies to the right of Mighty Lion Sky Cliff. The prayer had been penned in the Tibetan Shurma script by Tsogyal on a fragment of the silken robes of Vairocana. It was immediately copied faithfully by Padma Garwang Lodro Thaye. May virtue increase!

Translated by Eric Trinle Thaye. August 2016.